

Phone: 3857 0074 - email: [enquiries@youngmindsnetwork.com](mailto:enquiries@youngmindsnetwork.com) - [www.youngmindsnetwork.com](http://www.youngmindsnetwork.com)

**Clinic Locations:** 7 Clifford St, Stafford      Level 1, The Gap Village Waterworks Rd, The Gap      61 Prince Edward Pde, Redcliffe      Evergreen Lifestyle Ctr, 14-18 Discovery Dve, North Lakes



## SOLVING the MYSTERY of SOCIAL ENCOUNTERS®

Runs for 9 weeks + parent information session and 2 followup sessions

An innovative, evidence-based program that uses a suite of games and activities to improve the emotional understanding and social skills of 8-12 year olds with high-functioning Autism Spectrum Disorders.

### Program Start Dates for 2017

Stafford	Redcliffe	The Gap
Term 1: Sat, 25 Feb, 2017	Term 1: Sat, 25 Feb, 2017	Term 1: Thurs, 2 Mar, 2017
Term 3: Sat, 5 Aug 2017	Term 3: Sat, 5 Aug 2017	Term 3: Thurs, 10 Aug, 2017

## Scuba Sam's Social Adventures



Runs weekly for 6 weeks

An exciting social skills adventure program for 4-7 year olds that aims to improve children's social interactions with both peers and adults. The program explores a range of social skills in a play-based group environment.

### Program Start Dates for 2017

Stafford	Redcliffe
Term 1: Sat, 18 Feb, 2017	Term 1: Sat, 25 Feb, 2017
Term 2: Sat, 22 Apr, 2017	Term 2: Sat, 29 Apr, 2017
Term 3: Sat, 29 Jul 2017	Term 3: Sat, 5 Aug 2017
Term 4: Sat, 7 Oct 2017	Term 4: Sat, 14 Oct 2017



## Positive Penguins

Runs weekly for 8 weeks

An emotional education program for 4-7 year olds that uses a range of evidence-based experiential activities including games and stories to build self regulation, social competence, self-esteem and school engagement.

### Program Start Dates for 2017

Stafford	Redcliffe
Term 1: Sat, 4 Feb, 2017	Term 1: Sat, 11 Feb, 2017
Term 2: Sat, 22 Apr, 2017	Term 2: Sat, 29 Apr, 2017
Term 3: Sat, 15 Jul 2017	Term 3: Sat, 22 Jul 2017
Term 4: Sat, 7 Oct 2017	Term 4: Sat, 14 Oct 2017



## Resourceful Adolescents Program

Runs weekly for 6 weeks

A strength based program that integrates cognitive behavioural and interpersonal approaches to help adolescents (11-14 yrs) develop skills that prepare them for adulthood.

### Program Dates for 2017: TBA

Groups will held at Stafford & The Gap

## The Circle of Security® Parenting Program

Runs weekly for 8 weeks

The Circle of Security® Parenting program is based on decades of research about how secure parent-child relationships can be supported and strengthened. It is suitable for parents of children aged between 0-5, expecting parents and people working with young families.

### Program Dates for 2017: TBA

Groups will held at Stafford & Redcliffe

## C.H.O.I.C.E.S. Choose your own adventure!

Runs weekly for 8 weeks

Every week is a new adventure in this program which aims to empower children to recognise that they are in control of their thoughts, feelings and emotions and that they can make choices that lead to positive outcomes. The program is for 8-11 year olds and is based on the principles of cognitive behavioural therapy.

### Program Start Dates for 2017

Stafford	Redcliffe
Term 1: Sat, 4 Feb, 2017	Term 1: Sat, 11 Feb, 2017
Term 2: Sat, 22 Apr, 2017	Term 2: Sat, 29 Apr, 2017
Term 3: Sat, 15 Jul 2017	Term 3: Sat, 22 Jul 2017
Term 4: Sat, 7 Oct 2017	Term 4: Sat, 14 Oct 2017

**Please contact the team at YoungMinds on 3857 0074 for details about enrollment, costs, Medicare rebates and to confirm commencement dates**

*All dates are dependent on numbers and may change.*